

September 14, 2017



E-NEWS

Time to Shine Kids Newsletter

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Hello

Welcome to our new monthly e-newsletter.

We hope you have enjoyed your Summer Holidays! We are glad to see the schools are back. Lots has been happening that we wanted to update you on.



"I had a session with the big white horse without knowing what to expect. I set an intention while there and I had a beautiful experience as well as receiving answers to what I was enquiring.

That moment, I was present to a special connection with the horse and still now, it is alive in me." – Participants experience of Equine Assisted Psychotherapy

Website launched!

Visit <http://timetoshinekids.org/> for more details on our upcoming events, latest news, evidence/research information and blog posts!

Time to Shine Kids Facebook Page

Please visit and like our Facebook page: <https://facebook.com/time2shinekids/> and share with friends if you would like to, and help us raise awareness of the work we do. The more likes we get the more we get seen. We also aim to provide lots of interesting articles, videos and information about relevant topics so follow us to keep up to date.

Demonstration on 20th September 3-4pm at Green Lane Riding Stables in Morden

Please find attached an invitation to a live interactive demonstration on Equine Assisted Psychotherapy and how it helps children and young people to reduce stress and anxiety, and increase confidence and self-esteem. Please share with schools, services and interested parents – thank you.

Other Events

Another chance to see a demonstration if you can't make the 20th, come along on the 18th and 25th October 2017.

Group Session for those wanting to experience the work: 21st October.

Click here: <http://timetoshinekids.org/events/> to book your slot on our website, or email askme@timetoshinekids.org for more info!

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